

“Sarah, did you know that nobody should ever ask you to keep a secret?”

“Really?”



“My mom says that it is always okay to tell anything to anyone that you trust and feel safe with. And nobody, not a grown-up or a friend, should ever ask you to keep any kind of secret. I think you should tell your mom your secret, Sarah.”



“I am very proud of you, Sam. Sometimes it is hard to know what to do, but you always have mommy and daddy as well as other adults that you trust to help you. It takes someone very brave to share a secret. Thank you for sharing your secret with me.”

